

A professional portrait of Chad Weller, a man with dark hair, wearing a white t-shirt under a dark blazer. He is looking directly at the camera with a slight smile. His arms are crossed, and tattoos are visible on both forearms. The background is a solid dark color.

# CHAD WELLER

---

SPEAKER MEDIA KIT | 2023

*How You Do Anything Is How You Do Everything*

# BIOGRAPHY

CHAD WELLER | 2023

---

My name is Chad Weller and I want to share an honest truth with you for a moment. I wasn't always in the best place nor mindset in my life. I also was stuck, lost, disconnected and lacking the tools and motivation to find a better way or even knowing the first steps on how to get unstuck and start optimizing my health, wealth, relationships, mindset and levels of purpose and satisfaction in life.

I modeled for some of the top designers around the world, am a former pro-athlete, launched and sold multiple businesses, restaurants and organizations making 6- and 7-figure margins. I also felt empty, alone, lost, abusing substances, not wanting to live and without a clear vision of who I was, let alone who I wanted to become.

It was a car accident that nearly ended my life — THAT was my breaking point and I knew I had a choice: to stay as I was on the same empty path barely living; or, to choose differently and adapt a new lifestyle if I wanted to live and step into my potential power that I honestly longed for.

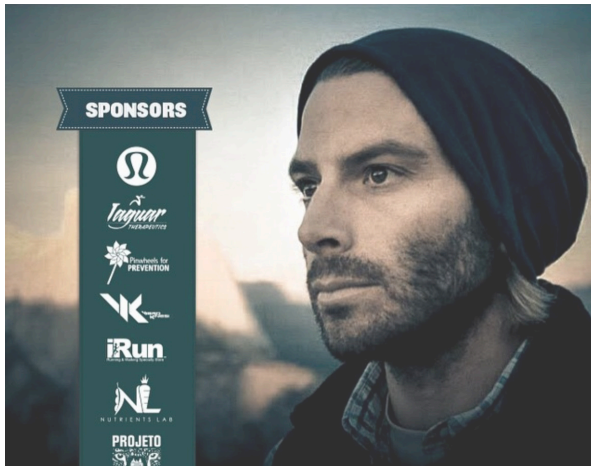
After years and countless hours of learning, self work and inner discovery to break free from the past emptiness inside, I knew I could empower others who needed a similar light on their path leading to greater life satisfaction, health and overall performance.

Today, I'm a thriving Master Life Coach helping open-minded individuals looking for the tools to become a high-performer and achiever in life. You want to have better relationships with your partner or potential partner. You want to achieve the next level in your career, or perhaps discover what that is. You want to level-up your health, nutrition and fitness regime.

I'm here to share, you're not alone, you can choose to create a change, you don't need to have the answers, there's nothing wrong with you, you didn't mess up and I'm here to empower you as a master life coach with the tools to guide you to find your true inner self and achieve your highest life potential.

# AREAS OF EXPERTISE

## SPEAKER PRESS KIT | 2023



### SPEAKING TOPICS

- The Pillars of High-Performance Habits
  - Mindfulness and Wellness Techniques
  - Growth Beyond Anxiety and Depression
  - The Power of Maintaining A Schedule
  - Uncovering Passion and Purpose
- The Pillars of High-Performance Habits
  - Mindfulness and Wellness Techniques
  - Growth Beyond Anxiety and Depression
  - The Power of Maintaining A Schedule
  - Uncovering Passion and Purpose



[MY STORY](#)

# LET'S WORK TOGETHER

CHAD WELLER | 2023

---

## SOCIAL NETWORKS:

Instagram [@CHADWELLER\\_HIGHPERFORMANCE](#)

LinkedIn [@CHAD-WELLER](#)

YouTube [@CHADWELLER1031](#)

Facebook [@CHADWELLERHIGHPERFORMANCE](#)

## CONTACT:

chadweller.com

chad@chadweller.com

310.560.3762

## PREVIOUS SPEAKING ENGAGEMENTS:

- Rose Garden Consulting
- Miami University
- Miami University Hospital
- Miami Prison
- Prevent Child Abuse America
- EF International School of Miami
- Orange Theory Corporate
- True Connection Non-Profit

## SHORT BIO:

Chad's personal determination and perseverance helped him overcome adversities in his own life. Chad is a former professional athlete, high performance life coach, and passionate public speaker. A committed 25-year vegan, repeat ultra marathon runner, and Lululemon Legacy Ambassador, Chad inspires diverse audiences on how to stay the course and excel through his self-reflective and actionable story-telling.

## MISSION:

To help others master their mindset, tap into their true power and become a high performer.

**MORE INFORMATION**



**CHADWELLER**  
HIGH PERFORMANCE COACH

"How you do anything is how you do everything."